

UNIVERSITY OF REGINA
MUEN 131, Concert Choir – Fall 2023

Instructor: Dr. Melissa Morgan, Melissa.Morgan@uregina.ca,
Office Hours: By appointment or anytime by office door is open
Class: Mondays 4:30pm-6:50pm

Office: RC. 256.9

Location: RC.175

COURSE DESCRIPTION

University of Regina Concert Choir is a mixed-voice University community choir that explores the vast canon of choral repertoire from plainchant to contemporary music. Through rehearsals and performances, we aim to master vocal technique, musicianship, ensemble professionalism and expressive performance skills. For music majors, choral singing is an integral part of your education. To that end, it compliments your other musical experiences by enabling you to refine your aural and music reading skills; apply principles of vocal pedagogy; and participate with others in expressive music making. For non-vocal majors, chorus provides opportunities for musical growth and enrichment, vocal and ensemble skill development. Concert Choir is a non-auditioned ensemble. All students must register in one of the three sections offered (001, 002 or 003). **ALL WORK SUBMITTED FOR THIS CLASS MUST BE ORIGINAL TO THIS CLASS.**

OBJECTIVES

1. To study and perform challenging choral literature, both sacred and secular;
2. To develop and demonstrate stylistic understanding of choral repertoire spanning six centuries through diligent rehearsal and exemplary performance;
3. To develop and demonstrate refined ensemble skills that reflect the maximum effort of each member: vocally, aurally, intellectually and personally;
4. To develop and share a love of choral music and singing with one another and with our audiences;
5. To represent U of R's long tradition of excellence in performance.

SINGERS' RESPONSIBILITIES

1. Be prepared: have your music folder and a pencil with you at rehearsal. Some music maybe required to be printed. All music and folders must be returned in good condition to avoid held grades or a replacement charge of \$80.
2. Be early: rehearsals must start and end on time.
3. Be a leader: take responsibility for learning the notes, practicing outside of rehearsal time and give 100%.
4. Be proactive: check your calendar to avoid conflicts with choral events. Conflicts with work responsibilities cannot be accommodated. **Please share all conflicting dates with Dr. Morgan on or before the week of September 18.**
5. Be distraction free at rehearsals: be cell phone free and no texting or recording, if rehearsals are on zoom, *find a quiet place where you can sing, move and participate.*
6. *If needed - Zoom Protocols:* Cameras are required to be turned on while synchronous zoom classes are in session. Students are asked not to use social media, including texting, tweeting or snapchatting during class. Unauthorized video-recording, audio-recording or picture-taking of classes is not permitted. Basic computer equipment is required for remote learning. If necessary, You will need a computer or laptop, a webcam, microphone and speakers or headset. Please note:
 - Many Laptops have a built-in webcam, microphone, and speakers.
 - Most webcams also have a microphone.
 - Some headsets have a microphone.
 - Most smartphones work well for Zoom as they have a camera, microphone, and speakers.
 - Using a smartphone for UR Courses is possible, but not recommended.

ATTENDANCE POLICY

- Members are expected to be at every rehearsal through the semester. All missed rehearsals (excused or not excused and with or without a sick note) will result in a reduction of marks.
- More than 2 absences (known or unknown) will require a meeting with Dr. Morgan to review if you should continue in the ensemble
- Dress rehearsals and performances are mandatory. Please review the choir calendar for all dates.

EVALUATION

Attendance and Participation: (records are kept by choir managers)	30%
Voice Recordings: (as assessed through note check evaluations and daily rehearsal performance)	55%
Other assignments: (Reflections, small written assignments, or activities)	15%

- Section 001 – Credit (number grade). This section is restricted to students for whom Music is their major and who require a main music ensemble.
- Section 002 - No Credit (Pass/Fail). This section is restricted to students who do not have Music as their major or who are taking this course above and beyond their program requirements.
- Section 003 - No Credit (Pass/Fail). This section is restricted to students for whom Music is their major and who require a second music ensemble.
- For sections 002 and 003 (50% or higher = P; 49% or lower = F)

GENERAL INFORMATION

1. **Community Members:** Will need to register for this class through CCE. There will be a fee of \$100 per semester upon registration. Please visit the CCE website for details.
2. **Mark music ONLY in pencil.** You will be given a black choral folder for protecting and storing music, both in rehearsal and in performance. All music and folders must be returned in good condition to avoid your grades being held or a replacement charge of \$80.
3. **Concert dress** is formal and professional **ALL BLACK**. The goal is to be as non-distracting as we can. Please wear dress close-toed, polishable black shoes. No doc martins, blunt stones, or laces. The remainder of your concert black is a choice of:
 - a. A concert floor-length dress, dress pants, or dress shirt. *Black jeans, casual pants, white socks or no socks, and black athletic shoes are not acceptable.*
 - b. Sleeves past elbows, black stockings or black socks (no opaque tights or bare legs).
 - c. Hair off the face
 - d. Simple jewelry

Please be covered in completely elegant yet formal black from head to toe.
Performances are scent-free zones. This avoids discomfort for allergy sufferers.
4. **Use of electronic devices:** Cell phones and laptop computers distract peers and the teachers; they are not to be used during rehearsals. Therefore, there is to be NO TEXTING or electronic social networking during rehearsal. Students who fail to comply with this expectation risk having the devices taken away and the offending behaviour being reported to the Registrar.
5. **Centre for Student Accessibility:** The University of Regina wishes to support all students in achieving academic success while enjoying a full and rewarding university experience.
The Centre for Student Accessibility, RM RC 229, upholds the University's commitment to a diverse and inclusive learning environment by providing services and support to enable students with disabilities, health conditions, illnesses, and injuries to approach their studies in an equal and effective manner. The

Centre for Student Accessibility aims to encourage independence, self-advocacy, and equality for all students, while maintaining privacy and confidentiality.

Students who need these services are encouraged to register with the Centre for Student Accessibility to discuss the possibility of academic accommodations and other supports as early as possible. The deadline to register and/or request accommodation letters for instructors coincides with the W drop deadline(s) for courses each semester. To register with the Centre for Student Accessibility, please book an appointment with an Accessibility Advisor by calling [\(306\) 585-4631](tel:3065854631) or emailing accessibility@uregina.ca. For further information on what is required to register and receive academic accommodations, please explore the website: <https://www.uregina.ca/student/accessibility/index.html>

6. **Harassment:** "The University of Regina promotes a learning environment that is free from all forms of harassment and discrimination". Instructors can further inform their students that the University "will neither tolerate nor condone any inappropriate or irresponsible conduct, including any form of behaviour which creates an intimidating, hostile or offensive environment for work or study through the harassment of an individual or group on the basis of a) race and all race-related grounds such as ancestry, place of origin, color, ethnic origin, citizenship and creed or b) sex, gender or sexual orientation". The policy can be viewed at <http://www.uregina.ca/presoff/vpadmin/policymanual/hr/2010510.shtml>

Concert Choir Fall 2023 Semester Calendar		
Month	Dates	Notes
	Aug. 21-23, Sept. 30-31	Individual audition interviews
September	Week 1: Monday Sept. 4	Labour Day! No choir
	Week 2: Sept. 11	First day of Choir
	Week 3: Sept. 18	<i>Submit all semester absences to Dr. Morgan Reflection #1 Due (for students)</i>
	Sept. 25	Friday night Sept. 22 6:00pm-9:00pm Concert Choir Retreat with Dr. Elaine Choi
October	Week 4: Oct. 2	<i>Voice Checks #1</i>
	Week 5: Oct. 9	Thanksgiving - no rehearsal
	Week 6: Oct. 16	
	Week 7: Oct. 23	
	Week 8: Oct. 30	<i>Voice Checks #2</i>
November	Week 9: Nov. 6	
	Week 10: Nov. 13	
	Week 11: Nov 20	<i>Voice Checks #3 and Reflection #2 Due (for students)</i>
	Nov. 25	Dress rehearsal 9-12:30pm
	Nov. 26	Winter Concert (6:00pm call) 7:00pm - performance
	Week 12: Nov. 27	<i>Return music folders and register for choir Winter Semester</i>
December	Week 13: Dec. 4	no class

This information is available in Arabic, Chinese, French, Korean & Portuguese by visiting
<https://www.uregina.ca/hr/hsw/emergency-management/emergency%20preparedness.html>

Call 911 for fires, crime in progress, violence, or medical emergencies. If you are calling from a U of R phone just dial **911**, then call Campus Security at 306-585-4999.

When you hear a fire alarm:

- Follow the directions of Emergency Wardens (orange vests), and Campus Security.
- Immediately proceed to the nearest available fire exit and leave the building.
- Close the door if you are the last person out.
- Do not use elevators during an evacuation.** If you or someone else is unable to evacuate down the stairs:
 - Ensure that you/they take shelter on the landing of a fire exit stairwell.
 - All inside fire exit stairwells are places of refuge which will provide at least one hour fire protection when all doors are closed.
 - Immediately notify Campus Security or the Fire Department of the location of the person.
- Upon exiting, move a safe distance away from the building.
- Do not re-enter the building until the Fire Department or Campus Security gives clearance.



Other emergencies:

- In the event of emergencies other than a fire (for example: tornado, chemical spill, or armed intruder), the Emergency Notification System (ENS) will be activated.
- A message will be broadcast on beacons, computers, and building speaker systems across campus.
- Follow the instructions as communicated via the ENS.
- Check for situation updates as they become available on the U of R Emergency Webpage at <http://www.uregina.ca/emergency/>
- Download the ENS software to receive ENS alerts to your personal computer <http://www.uregina.ca/emergency/ens/index.html>
- Download the UofR mobile app (available for iOS and Android) to receive ENS alerts on your smartphone <http://www.uregina.ca/external/communications/app/>



Sample Emergency Message:

TORNADO WARNING issued for Regina.
Remain indoors.

Take shelter in interior rooms or stairwells without windows.



University of Regina Armed Intruder Video Run - Hide – Decide (available in 6 languages)

While an armed intruder event is very unlikely to occur at the University of Regina, it is important that faculty, staff, and students know what to do in the event that it does. The University of Regina, has produced a short training video depicting the actions to take in the event of an armed intruder on our campuses.

<http://www.uregina.ca/hr/hsw/emergency-management/armed-intruder/index.html>

Health, Safety & Wellness Contact Information

Phone: 306-337-2370

Office: AdHum 435

Hours: Monday to Friday, 8:15 am - 4:30 pm

E-mail: health.safety@uregina.ca

Web: <http://www.uregina.ca/hr/hsw>

Incident Reporting <https://www.uregina.ca/hr/hsw/report-safety-concern/index.html>

- Notice something on Campus that seems unsafe? Let us know! It can help ensure your safety and the safety of our campus community. Reporting a **Safety Concern** is easy using our on-line form included in the link above, or call Campus Security at 306-585-4999

Hand washing

Washing your hands frequently is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others.

- 1) Wet your hands with clean, running water
- 2) Apply soap – lather your hands by rubbing them together
- 3) Scrub your hands for a least 20 seconds
- 4) Rinse your hands well under clean, running water
- 5) Dry your hands using a paper towel, or air dry them.

You can also use the waterless hand antiseptic stations located around our campuses.

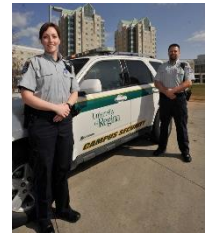


Working or Studying Alone?

Are you studying or working alone day or night and would like somebody to ensure you are safe?

Campus Security provides a service where they can check on you periodically while on campus.

Call **Campus Security** at **306-585-4999** or see <http://www.uregina.ca/fm/campus-security/programs/index.html>



Safe Walk-A-Long

Campus Security can be contacted to walk you to your vehicle or bus stop to ensure you get to your transportation safely. Call them at **306-585-4999**. Available anytime, day or night.

Smoke-free campus

The University of Regina is committed to providing a safe, healthy and clean place for everyone who comes to our campus to study, work, visit, and live. This includes respecting the importance of, and taking responsibility for the quality of the air we breathe and the cleanliness of our surroundings. The University of Regina does not permit smoking or the use of tobacco products in any University owned or leased building, on leased or owned University property, in University vehicles, or vehicles parked on University leased or owned property.



Violence & Harassment

Respectful University Services provides confidential consultations to anyone who feels that they have experienced inappropriate and disrespectful behaviour. There are many possible solutions, including personal coaching, mediation, and a formal complaint process. Please contact the Coordinator at **306-585-5400** or respect.matters@uregina.ca for assistance.

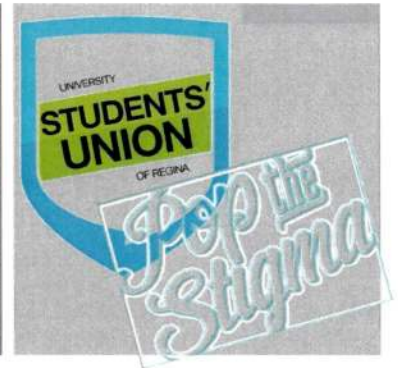
Mental Health Services for Students

U of R Counselling Services provides free individual and group therapy to registered University of Regina students. The most common issues facing students needing support include: adjusting to the University, stress, anxiety, depression, relationship issues, and grief. All services are confidential and both male and female therapists are available. Please call **306-585-4491** or drop by the Student Success Centre front desk (RC 230) to book an appointment.

Sexual Assault: UR Safe, UR Supported, UR Strong

This program responds to, and helps educate our campus community on incidents of sexual assault, sexual violence and prevention. Further information can be found at <http://www.uregina.ca/sexual-violence>. Please contact Coordinator at 306-337-3149 or sexual.violence.response@uregina.ca

University of Regina Counseling Services



Feeling Stressed? Always worried?

Some stress is normal when you're going to university but **1 in 5 students** will suffer from enough distress that they **would benefit from counseling**.

What can I do?

The U of R offers counseling services free of charge for students at the U of R. These services are confidential and easy to access for students – simply go to the second floor of Riddell, Room 251 to make an appointment.

When should you go?

Knowing when to schedule an appointment can be tough. Some common issues you might need help with include if you are test anxious, if you've experienced a trauma like losing a family member or a close friend, or if you've recently ended a relationship.

If the feelings you're experiencing are more intense or severe, counseling services can also provide urgent service within 3 days and referrals as needed.

What options are available to me for?

Personal Counseling – This is a great option if you'd like one on one attention for things like anxiety and panic, relationship conflict, depression, grief and loss, academic issues, body image and substance abuse. The U of R offers all students several free sessions per semester. Try it – talking about your problems can be more helpful than you would think!

Group Counseling – Simply put, you're not alone. Many students are experiencing the same things as you. The U of R offers a wide variety of group counseling opportunities that can help teach many skills for managing your mental health, including: Meditation and Relaxation, Building Healthy Relationships, Stress Management, and Self-Care.

But I can't afford counseling...

Seeking counseling doesn't have to be cost prohibitive. Many students can benefit from the free sessions offered by the U of R's counseling services.

If you need more coverage make sure you contact URSU and www.iHaveAPlan.ca. Expenses related to mental health, including seeing a psychologist, and some medications are partially covered by your student health and dental plan!

What else can I do?

Self-care - taking better care of yourself, can help! Eating better, working out, smoking and drinking less, and balancing school with fun can all help with mental health!

Stressed out but don't know how to fix it? URSU's Student Advocate can help you free of charge!

- Academic Appeals
- Disciplinary Appeals
- Student Loan Appeals
- E-mail advocate@ursu.ca to schedule an appointment today!
- Emergency Bursaries
- Notary Public
- Rentalsman Appeals

