

UNIVERSITY OF REGINA
MUPE 283, Choral Techniques – Fall 2022

Instructor: Dr. Melissa Morgan, Melissa.Morgan@uregina.ca,
Office Hours: By appointment

Office: RC. 256.9

Class: Mondays & Wednesday, 1:00-2:15pm

Location: RC 175

Corequisite class: Concert Choir or Chamber Singers

COURSE DESCRIPTION: This course deals with the study and practice of choral music with an emphasis on teaching and learning in school and community choral settings. The course will focus on developing students' conducting skills and rehearsal pedagogy, integrated with theoretical skill in score study and analysis. Issues of curriculum design for choral classes, concert programming, and choral performance with an emphasis on choral literature will be explored. **ALL WORK SUBMITTED FOR THIS CLASS MUST BE ORIGINAL TO THIS CLASS.**

COURSE OBJECTIVES: Through personal study and practice, students will:

- Develop conducting gestures in both simple and compound meters;
- Develop clear preparatory and cut-off gestures;
- Gain left hand independence for cues and dynamics;
- Demonstrate basic interpretative gestures;
- Apply basic score study and marking strategies;
- Enhance evaluative skills through self and peer evaluation;
- Demonstrate understanding of rehearsal planning, procedures, and implementation;
- Develop aural skills in relation to rehearsing.

STUDENT RESPONSIBILITIES:

- *Participation:* This is a highly participatory class and weekly attendance is expected. If you are unable to attend, please email me in advance. **Unexcused absences will result in 5-point deduction from your overall grade.**
- *Late Assignments:* Absence from class is not an excuse for failing to complete weekly assignments. **Late assignments will result in 0 points for that component of the grade for the course.** Submission of a late assignment must be discussed and approved by the instructor.
- *Practice:* Students are expected to practice outside of class time, to prepare in advance for each class, and demonstrate a willingness to learn and improve. Support for peers and a contribution to a positive learning atmosphere are mandatory.
- *Attendance:* This class will adhere to the official University of Regina attendance policy as explained in the 2022-23 Undergraduate Calendar. Regular and punctual attendance is expected of every student. Students are also expected to actively participate during class. After one written warning about absences, students may be subject to disciplinary action and risk an overall grade of "NP" (no paper) in the class. If you are ill and must miss an exam or hand in an assignment late, you must contact the instructor immediately, ideally before the exam. In this case, an official medical form will be required to allow for an extension and to avoid a grade of "NP" for the class. Please contact the instructor as soon as possible, ahead of time, for any other documented reason for missing a class deadline.
- *Mobile devices:* Students are asked not to use social media, including texting, tweeting or snapchatting during class. Unauthorized video-recording, audio-recording or picture-taking of classes is not permitted.

COURSE MATERIALS: Students will be expected to download and print scores from cpdl.org from time to time. Additional required materials include:

1. Choral Music Methods and Materials (2014) by Barbara Brinson and Steven Demorest
2. A conducting baton (available from Long & McQuade or St. John's Music)
3. Graphic paper and 2-3 sheets of manuscript paper
4. Variety of coloured pencils and pens
5. Choral Music Pack (your repertoire)
6. Video Camera, Smart phone or Tablet for recording and submitting conducting
7. Online access to UR Courses for MUPE 283, where zoom links, assignments, syllabus, class schedule, and other important class information will be posted. Access to Google Drive storage

Suggested materials include:

- Music for Beginning conductors (2011) ed. Dennis Shrock
- A Guide to Classical and Contemporary Styles for Conductors, Teachers, and Singers (2012) by Julia Davids and Stephen LaTour

COURSE EVALUATION:

Conducting	45%	(15% = class warm-up, fermata, page long exercise 5% each) (10% = Score study) (20% = midterm exam)
Written Projects	15%	(1 article, 2 self, 5% each)
Final Projects	40%	(40% = Conducting final and rehearsal plan)

ACADEMIC MISCONDUCT: Academic integrity is expected of students in the completion of the course assignments and examinations. Refer the 2022-23 Calendar for definitions of plagiarism and cheating. The instructor is obligated to report any incident of academic dishonesty to the department chair and dean. Please discuss with the instructor any questions surrounding proper citation of sources to avoid potential plagiarism. Penalties for academic dishonesty vary with the nature of the offence and range from a lowered final course grade to suspension or expulsion.

Centre for Student Accessibility: The University of Regina wishes to support all students in achieving academic success while enjoying a full and rewarding university experience.

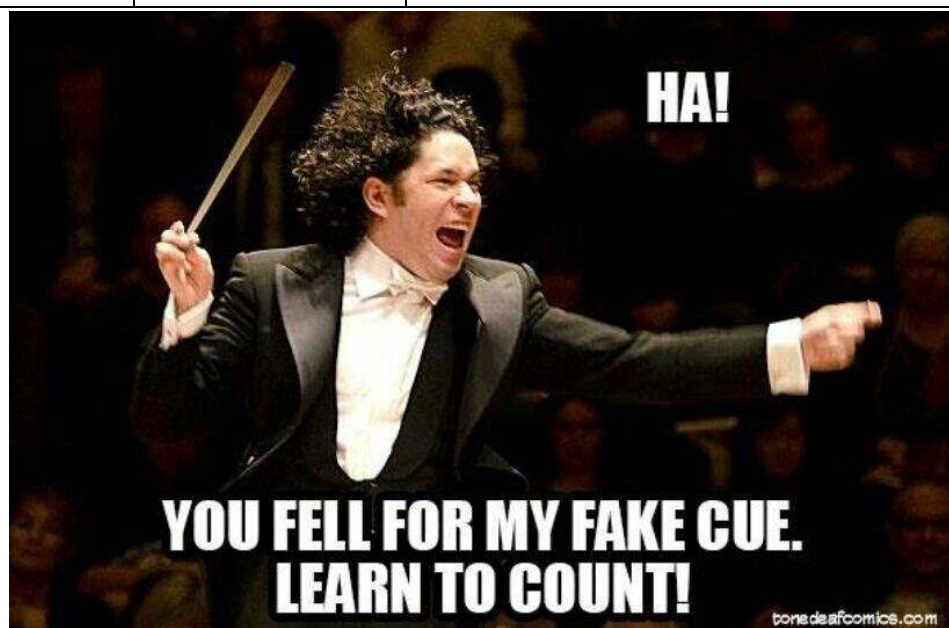
The Centre for Student Accessibility, RM RC 229, upholds the University's commitment to a diverse and inclusive learning environment by providing services and support to enable students with disabilities, health conditions, illnesses, and injuries to approach their studies in an equal and effective manner. The Centre for Student Accessibility aims to encourage independence, self-advocacy, and equality for all students, while maintaining privacy and confidentiality.

Students who need these services are encouraged to register with the Centre for Student Accessibility to discuss the possibility of academic accommodations and other supports as early as possible. The deadline to register and/or request accommodation letters for instructors coincides with the W drop deadline(s) for courses each semester. **To register with the Centre for Student Accessibility, please book an appointment with an Accessibility Advisor by calling (306) 585-4631 or emailing accessibility@uregina.ca.** For further information on what is required to register and receive academic accommodations, please explore the website: <https://www.uregina.ca/student/accessibility/index.html>

Harassment: "The University of Regina promotes a learning environment that is free from all forms of harassment and discrimination". Instructors can further inform their students that the University "will neither tolerate nor condone any inappropriate or irresponsible conduct, including any form of behaviour which creates an intimidating, hostile or offensive environment for work or study through the harassment of an individual or group on the basis of a) race and all race-related grounds such as ancestry, place of origin, color, ethnic origin, citizenship and creed or b) sex, gender or sexual orientation". The policy can be viewed at <http://www.uregina.ca/presoff/vpadmin/policymanual/hr/2010510.shtml>

MUPE 283 Class Schedule – Fall 2022 <i>(Subject to minor adjustments and changes)</i> <i>R = Reading music to be completed by indicated class</i> <i>A = Assignment must be completed by indicated class</i>		
Sept	Wednesday, August 31	Introduction to syllabus/Course requirements Movement and our bodies Who are we as conductors?
	Wednesday, September 7	A – Self Reflection #1 due R Chapter 1, “The meaning and Value of Choral Music” by Brinson/Demorest, p. 1 Reading Discussion Gesture Fundamentals – 3/4 & 4/4 Active and Passive beats Starting and Stopping <i>Practice piece: Dona Nobis Pacem</i>
	Monday, September 12	R Chapter 7 “Group Vocal Techniques” by Brinson/Demorest, p. 141 Reading Discussion Gesture Fundamentals – 3/4 & 4/4 add patterns 2/4, 6/4, 6/8 <i>Practice piece: Ave Verum Corpus</i>
Coloured pencils needed	Wednesday, September 14	A – Class Warm up, pt. 1 (based on assigned choir piece) Intro to score study Gesture Fundamentals – 3/4 & 4/4 add patterns 2/4, 6/4, 6/8 Dynamics and LH independence <i>Practice piece: Ave Verum Corpus</i>
	Monday, September 19	R – chapter 10 “Analyzing and Preparing the Score” by Brinson/Demorest, p. 236 Reading Discussion Dynamics and LH independence How to Listening <i>Practice piece: assigned work</i>
	Wednesday, September 21	Dynamics and LH independence Listening <i>Practice piece: assigned work</i>
Baton Needed Jakob B. Lead Warm up	Monday, September 26	R – chapter 11, “Planning the rehearsal”, p. 255 Reading Discussion Continue conducting (gestural): dynamics and baton technique.
Ezra F. Lead Warm up	Wednesday, September 28	A – Score study assignment due Continue conducting (gestural): dynamics and baton technique, Fermatas
Oct Hannah P. Lead Warm up	Monday, October 3	Continue conducting (gestural): dynamics and baton technique, Fermatas

Jakob G. Lead Warm up	Wednesday, October 5	Continue conducting (gestural): dynamics and baton technique, Fermatas
Phillip K. Lead Warm up	Monday, October 10	Thanksgiving Day – no classes
Wren M. Lead Warm up	Wednesday, October 12	A - Fermata Assignment (5 people)
Amy R. Lead Warm up	Monday, October 17	A - Fermata Assignment (5 people)
Jo R. Lead Warm up	Wednesday, October 19	Conducting Review
Sam S. Lead Warm up	Monday, October 24	A – Page Long Assignment due Conducting Review con't
Stephanie Y. Lead Warm up	Wednesday, October 26	Text book Review – in class
	Monday, October 31	Conducting Midterm Exam (5 people)
Nov	Wednesday, November 2	Conducting Midterm Exam (5 people)
	M/W November 7 & 9	Reading week, no classes
	Monday November 14	Written Midterm Exam
	Wednesday, November 16	R – chapter 12, “Rehearsing the Choir”, p. 275 Reading discussion Conducting concepts, Vowels and diction
	Monday November 21	Masterclass session (5 people) Conducting concepts, IPA
	Wednesday, November 23	Masterclass session (5 people) Conducting Concepts, IPA continued
	Monday, November 28	Conducting Final w/ UR Choirs – hand in lesson plans etc. afterwards
	Wednesday, November 30	A – Article Reflection Assignment Due Review
Dec	Monday December 5	A – Self Reflection #2 Due All final projects due
	December 21	No final exam



Assignment Guidelines:

1. **Conducting:** Scheduling of conducting rotations will be designed to give each student as many conducting opportunities as possible. All conducting evaluations will be recorded. A conducting assignment is complete when the conducting video is uploaded to UR courses.

Evaluation will be based on development and improvement in the following areas:

- 1) Conducting style – clear and appropriate use of gesture, clear gesture, correct patterns
 - 2) Rehearsal techniques – listening, pacing, anticipating, reacting, relating
 - 3) Communicating with clarity and enthusiasm, demonstrating leadership
 - 4) Evidence of thorough rehearsal planning and preparation
 - 5) Knowledge and understanding of the score and the “instrument” – working both musically and vocally, with interpretive imagination, strong musicianship and vocal understanding.
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2. **Warm-up:** at some point in the course each student will conduct the class in a general vocal warm-up approximately 7 minutes in duration. Specific details will be given in class. Part 1 will be the written warm-up assignment and Part 2 will be conducting the warm-up in class.
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3. **Article Reflection:** What do I do?
 - 1) Find one article in a professionally published journal, online journal, or magazine.
 - 2) Read this journal and make notes about the content.
 - 3) Write a short review of the article and submit it via UR Courses.

Your review should provide:

1. full bibliographic information using MLA style
2. a short summary about the content of the article
3. a highlight of the ideas you found most significant and how they relate to what we have learned in class/through our textbook
4. your insight into connections between what you've read and yourself as a musician

Please type your review using times new roman 12 font and double spaced.

Here is a list of sources to help you search – you will find these names and journals in the Archer online data website:

Canadian Music Educators Journal
Choral Journal
Anacrusis
Hilary Apfelstadt
Jeffrey Ames
Victoria Meredith
James Jordan
Rollo Dilworth
Robert Shaw
Derrick Fox

4. Self-Reflections:

Write a reflection on your own progress as a conductor. Your reflection should include, general observations and thoughts about a specific theme in choral conducting (language usage, teaching rhythm, vowels, how to encourage choristers etc.), a specific discussion in class, or chapter in our text. What do you see and understand about conducting through conducting class, and choir rehearsals? How do your observations help you view yourself as a conductor? What do these observations show you about being a conductor? Your reflection should be typed 12-point font, Times New Roman or Arial, double spaced

The suggested reflection word length should be a min of 2 and maximum of 4 pages.

University of Regina Counseling Services



Feeling Stressed? Always worried?

Some stress is normal when you're going to university but **1 in 5 students** will suffer from enough distress that they **would benefit from counseling**.

What can I do?

The U of R offers counseling services free of charge for students at the U of R. These services are confidential and easy to access for students – simply go to the second floor of Riddell, Room 251 to make an appointment.

When should you go?

Knowing when to schedule an appointment can be tough. Some common issues you might need help with include if you are test anxious, if you've experienced a trauma like losing a family member or a close friend, or if you've recently ended a relationship.

If the feelings you're experiencing are more intense or severe, counseling services can also provide urgent service within 3 days and referrals as needed.

What options are available to me for?

Personal Counseling – This is a great option if you'd like one on one attention for things like anxiety and panic, relationship conflict, depression, grief and loss, academic issues, body image and substance abuse. The U of R offers all students several free sessions per semester. Try it – talking about your problems can be more helpful than you would think!

Group Counseling – Simply put, you're not alone. Many students are experiencing the same things as you. The U of R offers a wide variety of group counseling opportunities that can help teach many skills for managing your mental health, including: Meditation and Relaxation, Building Healthy Relationships, Stress Management, and Self-Care.

But I can't afford counseling...

Seeking counseling doesn't have to be cost prohibitive. Many students can benefit from the free sessions offered by the U of R's counseling services.

If you need more coverage make sure you contact URSU and www.iHaveAPlan.ca. Expenses related to mental health, including seeing a psychologist, and some medications are partially covered by your student health and dental plan!

What else can I do?

Self-care - taking better care of yourself, can help! Eating better, working out, smoking and drinking less, and balancing school with fun can all help with mental health!

Stressed out but don't know how to fix it? URSU's Student Advocate can help you free of charge!

- Academic Appeals
- Disciplinary Appeals
- Student Loan Appeals
- E-mail advocate@ursu.ca to schedule an appointment today!
- Emergency Bursaries
- Notary Public
- Rentalsman Appeals



You have the right to **KNOW** the hazards and risks associated with your learning activities
 You have the right to **PARTICIPATE** in finding and controlling hazards associated with your learning activities
 You have the right to **REFUSE** any learning activity that you believe is unusually dangerous

Call 911 for fires, crime in progress, violence, or medical emergencies. If you are calling from a U of R phone just dial **911**, then call Campus Security at 306-585-4999.

When you hear a fire alarm:

- Follow the directions of Emergency Wardens (orange vests), and Campus Security.
- Immediately proceed to the nearest available fire exit and leave the building.
- Close the door if you are the last person out.
- Do not use elevators during an evacuation.** If you or someone else is unable to evacuate down the stairs:
 - Ensure that you/they take shelter on the landing of a fire exit stairwell.
 - All inside fire exit stairwells are places of refuge which will provide at least one hour fire protection when all doors are closed.
 - Immediately notify Campus Security or the Fire Department of the location of the person.
- Upon exiting, move a safe distance away from the building.
- Do not re-enter the building until the Fire Department or Campus Security gives clearance.



Other emergencies:

- In the event of emergencies other than a fire (for example: tornado, chemical spill, or armed intruder), the Emergency Notification System (ENS) will be activated.
- A message will be broadcast on beacons, computers, and building speaker systems across campus.
- Follow the instructions as communicated via the ENS.
- Check for situation updates as they become available on the U of R Emergency Webpage at <http://www.uregina.ca/emergency/>
- Download the ENS software to receive ENS alerts to your personal computer <http://www.uregina.ca/emergency/ens/index.html>
- Download the UofR mobile app (available for iOS and Android) to receive ENS alerts on your smartphone <http://www.uregina.ca/external/communications/app/>



Sample Emergency Message:

TORNADO WARNING issued for Regina.

Remain indoors.

Take shelter in interior rooms or stairwells without windows.



University of Regina Armed Intruder Video

Run - Hide – Decide (available in 6 languages)

While an armed intruder event is very unlikely to occur at the University of Regina, it is important that faculty, staff, and students know what to do in the event that it does. The University of Regina, has produced a short training video depicting the actions to take in the event of an armed intruder on our campuses.

<http://www.uregina.ca/hr/hsw/emergency-management/armed-intruder/index.html>

Health, Safety & Wellness Contact Information

Phone: 306-337-2370

Office: AdHum 435

Hours: Monday to Friday, 8:15 am - 4:30 pm

E-mail: health.safety@uregina.ca

Web: <http://www.uregina.ca/hr/hsw>

This information is available in Arabic, Chinese, French, Korean, and Portuguese by visiting <https://www.uregina.ca/hr/hsw/emergency-management/emergency%20preparedness.html>

Incident Reporting <https://www.uregina.ca/hr/hsw/report-safety-concern/index.html>

Notice something on Campus that seems unsafe? Let us know! It can help ensure your safety and the safety of our campus community. Reporting a **Safety Concern** is easy using our on-line form included in the link above, or call Campus Security at 306-585-4999

Hand Washing

Hand washing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others.

- 1) **Wet** your hands with running water. Water temperature does not matter
- 2) **Lather** with soap and rub y our hands for 20 seconds
- 3) **Scrub** all surfaces of hands, including back of hands, wrists, between fingers and fingernails.
- 4) **Rinse** hands in clean running water for at least 10 seconds. The water temperature is not important
- 5) **Dry** hands with a clean towel.

You can also use the waterless hand antiseptic stations located around our campuses.



Working or Studying Alone?

Are you studying or working alone day or night and would like somebody to ensure you are safe? Campus Security provides a service where they can check on you periodically while on campus.

Call Campus Security at 306-585-4999 or see <http://www.uregina.ca/fm/campus-security/programs/index.html>



Safe Walk-A-Long

Campus Security can be contacted to walk you to your vehicle or bus stop to ensure you get to your transportation safely. Call them at 306-585-4999. Available anytime, day or night.

Smoke-free campus

The University of Regina is committed to providing a safe, healthy and clean place for everyone who comes to our campus to study, work, visit, and live. This includes respecting the importance of, and taking responsibility for the quality of the air we breathe and the cleanliness of our surroundings. The University of Regina does not permit smoking or the use of tobacco products in any University owned or leased building, on leased or owned University property, in University vehicles, or vehicles parked on University leased or owned property.



Violence & Harassment

Respectful University Services provides confidential consultations to anyone who feels that they have experienced inappropriate and disrespectful behaviour. There are many possible solutions, including personal coaching, mediation, and a formal complaint process. Please contact the Coordinator at 306-585-5400 or respect.matters@uregina.ca for assistance.

Mental Health Services for Students

U of R Counselling Services provides free individual and group therapy to registered University of Regina students. The most common issues facing students needing support include: adjusting to the University, stress, anxiety, depression, relationship issues, and grief. All services are confidential and both male and female therapists are available. Please call 306-585-4491 or drop by the Student Success Centre front desk (RC 230) to book an appointment.

Sexual Assault: Sexual Violence Prevention and Response

This program responds to, and helps educate our campus community on incidents of sexual assault, sexual violence and prevention. Further information can be found at <http://www.uregina.ca/sexual-violence>. Please contact Coordinator at 306-337-3149 or sexual.violence.response@uregina.ca